



Coast 2 Coast Age Grids 2025-2026

Allstar ELITE

Birth Year	Level	Division	Gender	Team Size
2018-2020	1	Tiny**	Female/Male	5-31 Athletes
2016 and Later	1	Mini	Female/Male	5-31 Athletes
2012 and Later	1	Youth	Female/Male	5-31 Athletes
2009 and Later	1	Junior	Female/Male	5-31 Athletes
2006-2015	1	Senior	Female/Male	5-31 Athletes
2016 and Later	2	Mini	Female/Male	5-31 Athletes
2012 and Later	2	Youth	Female/Male	5-31 Athletes
2009 and Later	2	Junior	Female/Male	5-31 Athletes
2006-2015	2	Senior	Female/Male	5-31 Athletes
2012 and Later	3	Youth	Female/Male	5-31 Athletes
2009 and Later	3	Junior	Female/Male	5-31 Athletes
2006-2015	3	Senior	No Males	5-31 Athletes
2006-2015	3	Senior Coed	1 or More Males	5-31 Athletes
2012 and Later	4	Youth	Female/Male	5-31 Athletes
2009 and Later	4	Junior	Female/Male	5-31 Athletes
2006-2015	4	Senior	No Males	5-31 Athletes
2006-2015	4	Senior Coed	1 or More Males	5-31 Athletes
2009 and Later	4.2	Junior	Female/Male	5-31 Athletes
2006-2015	4.2	Senior	No Males	5-31 Athletes
2006-2015	4.2	Senior Coed	1 or More Males	5-31 Athletes
2012 and Later	5	Youth	Female/Male	5-38 Athletes
2009 and Later	5	Junior	Female/Male	5-38 Athletes
2006-2015	5	Senior	No Males	5-38 Athletes
2006-2015	5	Senior Coed	1 or More Males	5-38 Athletes
2009 and Later	6	Junior	No Males	5-38 Athletes
2009 and Later	6	Junior Coed	1 or More Males	5-38 Athletes
2006-2015	6	Senior XSmall	No Males	5-16 Athletes
2006-2015	6	Senior Small	No Males	17-22 Athletes
2006-2015	6	Senior Medium	No Males	23-30 Athletes
2006-2015	6	Senior Large	No Males	31-38 Athletes
2006-2015	6	Senior XSmall Coed	1-2 Males	5-16 Athletes
2006-2015	6	Senior Small Coed	1-5 Males	5-22 Athletes
2006-2015	6	Senior Medium Coed	1-8 Males	5-30 Athletes
2006-2015	6	Senior Large Coed	1-19 Males	5-38 Athletes

Allstar Elite International

Birth Year	Level	Division	Gender	Team Size
2011 or Before	4	International Open	No Males	10-31 Athletes
2011 or Before	4	International Open Coed	1 or More Males	10-31 Athletes
2011 or Before	5	International Open	No Males	10-31 Athletes
2011 or Before	5	International Open Coed	1 or More Males	10-31 Athletes
2011 or Before	6	International Open	No Males	10-31 Athletes
2011 or Before	6	International Open Small Coed	1-4 Males	10-31 Athletes
2011 or Before	6	International Open Large Coed	5-16 Males	10-31 Athletes
2008 or Before	7	International Open	No Males	10-31 Athletes

2008 or Before	7	International Open Small Coed	1–4 Males	10–31 Athletes
2008 or Before	7	International Open Large Coed	5–16 Males	10–31 Athletes
Allstar Elite International Non-Tumble				
Birth Year	Level	Division	Gender	Team Size
2011 or Before	4	International Open	No Males	10–31 Athletes
2011 or Before	4	International Open Coed	1 or More Males	10–31 Athletes
2011 or Before	5	International Open	No Males	10–31 Athletes
2011 or Before	5	International Open Coed	1 or More Males	10–31 Athletes
2011 or Before	6	International Open	No Males	10–31 Athletes
2011 or Before	6	International Open Small Coed	1–4 Males	10–31 Athletes
2011 or Before	6	International Open Large Coed	5–16 Males	10–31 Athletes
2008 or Before	7	International Open	No Males	10–31 Athletes
2008 or Before	7	International Open Small Coed	1–4 Males	10–31 Athletes
2008 or Before	7	International Open Large Coed	5–16 Males	10–31 Athletes
Allstar PREP				
Birth Year	Level	Division	Gender	Team Size
2018–2020	1.1	Tiny Prep	Female/Male	5–31 Athletes
2016 and Later	1.1	Mini Prep	Female/Male	5–31 Athletes
2012 and Later	1.1	Youth Prep	Female/Male	5–31 Athletes
2009 and Later	1.1	Junior Prep	Female/Male	5–31 Athletes
2006–2015	1.1	Senior Prep	Female/Male	5–31 Athletes
2016 and Later	2.1	Mini Prep	Female/Male	5–31 Athletes
2012 and Later	2.1	Youth Prep	Female/Male	5–31 Athletes
2009 and Later	2.1	Junior Prep	Female/Male	5–31 Athletes
2006–2015	2.1	Senior Prep	Female/Male	5–31 Athletes
2016 and Later	2.2	Mini Prep	Female/Male	5–31 Athletes
2012 and Later	2.2	Youth Prep	Female/Male	5–31 Athletes
2009 and Later	2.2	Junior Prep	Female/Male	5–31 Athletes
2006–2015	2.2	Senior Prep	Female/Male	5–31 Athletes
2012 and Later	3.1	Youth Prep	Female/Male	5–31 Athletes
2009 and Later	3.1	Junior Prep	Female/Male	5–31 Athletes
2006–2015	3.1	Senior Prep	Female/Male	5–31 Athletes
2012 and Later	3.2	Youth	Female/Male	5–31 Athletes
2009 and Later	3.2	Junior	Female/Male	5–31 Athletes
2006–2015	3.2	Senior	Female/Male	5–31 Athletes
Allstar NOVICE				
Birth Year	Level	Division	Gender	Team Size
2018-2022	Level 1 with restrictions	Tiny Novice	Female/Male	3+ Athletes
2016 and Later	Level 1 with restrictions	Mini Novice	Female/Male	5+ Athletes
2012 and Later	Level 1 with restrictions	Youth Novice	Female/Male	5+ Athletes
2009 and Later	Level 1 with restrictions	Junior Novice	Female/Male	5+ Athletes
2006-2015	Level 1 with restrictions	Senior Novice	Female/Male	5+ Athletes
2016 and Later	Level 2 with restrictions	Mini Novice	Female/Male	5+ Athletes
2012 and Later	Level 2 with restrictions	Youth Novice	Female/Male	5+ Athletes
2009 and Later	Level 2 with restrictions	Junior Novice	Female/Male	5+ Athletes
2006-2015	Level 2 with restrictions	Senior Novice	Female/Male	5+ Athletes
2012 and Later	Level 3 with restrictions	Youth Novice	Female/Male	5+ Athletes
2009 and Later	Level 3 with restrictions	Junior Novice	Female/Male	5+ Athletes
2006-2015	Level 3 with restrictions	Senior Novice	Female/Male	5+ Athletes

Allstar Cheer Abilities				
Birth Year	Level	Division	Gender	Team Size
2020 or Before	Level 1 with restrictions	Novice**	Female/Male	5+ Athletes
2020 or Before	Level 2 with restrictions	Elite	Female/Male	5+ Athletes
2020 or Before	Level 2 with restrictions	Exhibition	Female/Male	5+ Athletes