



Coast 2 Coast 2025-2026

General Event Policies

Coach Registration & Check-In

- Teams **must check in before their scheduled practice time** to receive all event materials. No formal coaches' meeting will be held.
- Coaches are encouraged to consult any Coast 2 Coast Representative for questions or assistance.
- **All non-USASF coaching staff must submit a valid background check prior to the event.**
- **We recommend doing background checks via USA Cheer using the following link:**
<https://usacheer.org/membership>
- **All-Star and Recreational programs must remain legally separate entities.**

Schedules and Performance Times

- Final schedules are released on the **Thursday prior** to the event.
- A block schedule will be released 1 week prior to the event.
- Coaches will receive a printed copy in their check-in packet. **No additional paper copies will be distributed at the event.**
- **Coast 2 Coast** reserves the right to adjust schedules due to unforeseen changes. Coaches should monitor all updates closely.
- Performance times are **approximate** and may shift by up to **one hour in either direction**. Please stay informed throughout the event day.
- Performance schedules **may not** be accurate via website if there are unforeseen circumstances.

Practice & Warm-Up Areas

- Standard performance floor: **54' x 42' spring floor**
- Practice area generally includes:
 - 54' x 42' dead mat floor
 - 60' x 12' tumbling strip
 - 12' x 42' stretching mat
- Only athletes and coaches with proper credentials may enter the warm-up area.

Practice Time Enforcement

- **Practice times are strictly enforced.** Teams that miss their designated practice will forfeit the opportunity.
- Due to the volume of crossovers, Coast 2 Coast will accommodate where possible, but flexibility is limited.

Participant Waivers

- All athletes must submit a waiver prior to practice time in order to perform.
- A single waiver covers all Coast 2 Coast events for the current season.

Score Sheets & Reviews

- Score sheets will be emailed **20–30 minutes after each routine.**
- Coaches have **20 minutes** to request a review after receiving scores.
- **No changes will be accepted** after the 30-minute window.

Code of Conduct & Sportsmanship

- All participants must adhere to the Coast 2 Coast Code of Conduct, available on our website.
- **A signed Code of Ethics form is required** to compete.
- Unacceptable behaviors include:
 - Profanity or taunting
 - Approaching or attempting to influence judges
 - Disrespectful conduct from spectators, athletes, or coaches

Penalties include deductions, disqualification, or removal from the venue without refund.

Spectator Guidelines

- Cell phone recordings are permitted if they do not obstruct judges' view.

- Please silence all mobile devices while in performance areas.
- A designated VIP Fan Viewing Area will be available near the floor. Please exit promptly after your team finishes performing.
- Seat-saving is not allowed. For assistance with handicapped or elderly seating, ask a Coast 2 Coast Representative.

Cancellation Policy

- 90+ days prior to event: full credit toward any future Coast 2 Coast event
- 21 days or less: No refund (except in extenuating circumstances)
- 14 days or less: 75% of the invoice is still owed
- No-shows receive no refund
- Adjustments in athlete numbers will not be refunded, but credit can be applied to another event.

Weather Policy

- If Coast 2 Coast cancels due to weather and no reschedule is offered, teams may transfer full registration to another event within one year.
- If the venue remains open, the event will proceed. Teams should plan travel accordingly.

Score Protest Policy

- One coach per team may speak with the Score Review Staff within 20 minutes of receiving score sheets.
- Protests are not allowed after the awards ceremony.
- Coaches who approach a judge directly will forfeit protest rights.